



rosan helmsley
WEALTH MANAGEMENT



KEY GUIDE | JULY 2026

ESG investing

Introduction

BUILDING A PURPOSEFUL PORTFOLIO

The debate on environmental and social issues and the scale of concern about environmental change have escalated in recent years and now permeate many areas of life, including the asset management industry. Climate change, the vulnerabilities exposed by a growing but ageing population and resource constraints have undoubtedly pushed sustainability concerns to the front of the investment agenda.

Although the impact of the ongoing conflicts in Ukraine, and more recently the Middle East, has been positive for investors in the oil and gas sector, it has also highlighted a need for nations to consider ways to reduce their dependency on traditional energy sources, which in the longer-term may benefit those who choose to invest in more sustainable forms of energy production such as solar, wind etc.

In recent years, the asset management industry has launched a flurry of new environmental, social and governance (ESG) funds while also adjusting the investment strategies of existing funds. What was once considered a niche investment area is now established, not just in the UK but globally as well, with ESG-type funds seeing large inflows.

In this guide, we start with explaining what ESG involves and then look at the questions you should ask yourself if you are considering an ESG investment. We introduce the range of different investment strategies that are currently available, what factors to consider when selecting funds and the pitfalls to avoid.

Contents



ESG DEFINED

Environmental, social and governance (ESG) investing explained along with some misconceptions..



FUNDS LABELS

How to find the right investment strategy for you, the risks of ESG investing, and measuring performance.



YOUR VALUES

Strategies to work out which projects and causes are most important to you when you invest, and compromises to think about.



PITFALLS

Not all ESG investments are made equal, and some should be actively avoided, but there are ways to spot companies and funds jumping on the 'green' bandwagon.

This publication is for general information only and is not intended to be advice to any specific person. You are recommended to seek competent professional advice before taking or refraining from taking any action on the basis of the contents of this publication. The Financial Conduct Authority (FCA) does not regulate tax advice, so it is outside the investment protection rules of the Financial Services and Markets Act and the Financial Services Compensation Scheme. This publication represents our understanding of law and HM Revenue & Customs practice as at 14 July 2026.



ESG defined

ESG stands for 'environmental, social responsibility and governance' and is currently the term that is being used to describe investment strategies that take these factors into account. In simple terms, ESG considers factors other than strictly financial criteria when evaluating companies to determine whether they are acceptable investments.

In the investment industry, the expressions 'ethical investment', 'environmental investment', 'green investment', 'responsible investment', 'socially responsible investment' and 'sustainability' are all used in relation to ESG.

ESG was created as an attempt to come up with a non-contentious system for addressing material investment risks beyond the purely financial. The Harvard Business Review explained the rationale, "for markets to properly allocate capital, investors need companies to disclose material investment risks. To us, ESG is simply about identifying material risk factors that matter to company profitability and shareholder value over time." (Harvard Business Review*).

Whilst ESG was designed to allow investors to assess climate change and related risks and opportunities in their investment decision making, others viewed it as an instrument to tackle climate change and it became seen in the US as 'woke capitalism'. Most investors are probably aware of the politicisation of ESG in the US where its connection with climate change has become increasingly contentious and has seen the Trump administration roll back its commitments to climate change and fund managers exit investment alliances that championed green finance.

One effect of this contentious debate in the US is that the label ESG will probably gradually disappear and be replaced by

another term but that the underlying investment approach will continue.

Although awareness of ESG has certainly increased because it is frequently seen in media headlines, there is less understanding of what it means so next we will explore what is involved in ESG.

*Rescuing ESG from the Culture Wars, Harvard Business Review (<https://hbr.org/2023/02/rescuing-esg-from-the-culture-wars>)

ESG FACTORS

ESG takes into account factors, other than purely financial, that are material to a company's profitability and long-term success. Both sustainable and traditional investors now consider ESG issues in their investment decisions. Examples of ESG factors are shown below.

Environmental factors	Social factors	Governance factors
• Climate change and carbon emissions • Air and water pollution • Biodiversity • Deforestation • Energy efficiency • Waste management • Water scarcity	• Customer satisfaction • Data protection and privacy • Gender and diversity • Employee engagement • Community relations • Human rights • Labour standards	• Board composition • Audit committee structure • Bribery and corruption • Executive compensation • Lobbying activities • Political contributions • Whistleblower schemes

Source: *Environmental, Social and Governance Issues in Investing: A Guide for Investment Professionals*. CFA Institute.

ESG INCORPORATION

ESG incorporation means considering ESG issues alongside fundamental analysis and incorporating these into sustainable investment strategies.

Individual investment funds may place more focus on one area within ESG than another and approach how they select investments differently. For example, they may concentrate on specific areas such as climate change or renewable energy or take a more general investment approach and exclude companies that do not match up to their standards for working conditions.

Examples of different strategies are shown below.

Best in class	Engagement and voting	Norms-based screening
Selecting companies for investment that are leaders in their industry in terms of environmental, social or governance criteria.	Actively engaging with companies on ESG issues to influence their behaviour and encourage positive outcomes. This can involve voting on important sustainability topics.	This looks at how a company manages itself in areas such as bribery, tax evasion and executive remuneration as well as how it undertakes internal control.
Exclusions	Sustainability themed	Impact investing
Avoiding investments in companies or industries that are harmful to the environment or society like oil, coal, weapons, tobacco, etc.	Investing in themes contributing to the development of sustainability, such as sustainable agriculture, green buildings, reducing carbon emissions, promoting gender equity and diversity.	Investing with the intention to generate positive, measurable, environmental or social impact, alongside expected financial returns.

These strategies involve screening potential investments to find those that meet the criteria the investment fund is following. Screening for ESG criteria can typically take two forms – negative screening or positive screening.

The investment philosophy behind this is that companies with effective management strategies that address material ESG issues are more likely to reliably generate shareholder value. As a result, assessing the risks and opportunities arising from ESG issues is part of the due diligence process a fund undertakes when selecting suitable investments.

ESG INVESTING

ESG investing is about choosing to consider the treatment of the planet, people and management structures in order to receive financial returns in a way that is aligned with your personal ethics and concerns about the world. Investors can align the way they use their money with their principles, often as part of a lifestyle of ethical consumerism that considers

the supply chain of everything we use, from plastic waste to modern slavery. This may mean:

- avoiding certain sectors;
- excluding specific companies; or
- picking a theme with personal importance and investing in projects trying to achieve specific goals or change.

ESG investing does not just include equity investment, it also extends to bond and multi-asset portfolios. There are both actively managed ESG funds and passive ESG index tracker funds available.

Whilst the growth of ESG funds may seem like something new, these types of funds have been around for many years. According to the latest data from Morningstar, the value of ESG funds under management as at December 2025 was US\$3.9 trillion, with Europe continuing to dominate the sector with a market share of 86%*. Sustainable funds in the US continue to experience net outflow due to the anti-ESG stance of the US administration, whilst the outflow recently seen in European sustainable funds was mainly down to portfolio restructuring by large institutional fund managers.

* <https://www.morningstar.com/sustainable-investing/esg-funds-2025-closes-with-continued-outflows-amid-persistent-headwinds>

Negative screening	Positive screening
• Portfolios are constructed to avoid areas of investment that are considered to have significantly adverse effects on people, animals and the environment. • Fund managers screen potential investments against negative or avoidance criteria, using their own research and screening tools. • This screening typically results in a larger than normal percentage of the portfolio being invested in smaller companies.	• Funds implement this approach by either using positive sector selection or choosing the best in sector. • Positive sector selection chooses companies that operate in sectors likely to benefit from the global shift to more socially and environmentally sustainable forms of economic activity, such as renewable energy sources. This approach is known as ‘investing in industries of the future’ and gives a strong bias towards growth-oriented sectors. • Best in sector often chooses companies for the environmental leadership they demonstrate in their sector, regardless of whether they fail the negative criteria applied by ethical investing funds. For instance, an oil company that is repositioning itself as an energy business focusing on renewable energy opportunities would probably be considered for inclusion in a sustainability fund but would be excluded from an ethical fund.

ESG investment performance

There is growing recognition in the financial industry and academia that incorporating ESG factors into investment analysis and decisions better manages risks and improves returns. Investors are also taking a greater interest in where their money is invested and although good investment returns are still very important, we are also increasingly focusing on how companies make their profits and the impact they have on the environment and society.

Specially designed ESG indices are used by fund managers to structure their ESG funds and measure performance. They are also tracked by passives, like exchange traded funds, to invest in certain ESG themes, companies and sectors.

As an example, one such index is the FTSE 4Good UK Index which tracks the performance of companies in the FTSE All Share Index that demonstrate good sustainability practices. The FTSE All Share Index tracks the performance of close to 600 companies whilst the FTSE 4Good UK Index tracks just over 200 of those companies. Interestingly, those companies account for close to three-quarters of the total market capitalisation of the FTSE All Share Index and the average dividend yield on both indices is approximately the same.

It is calculated in the same way as the FTSE All Share Index and so it is useful to compare the relative performance of the two indices to gain some idea of what ESG investing might mean. The chart below shows the year-on-year performance of each.

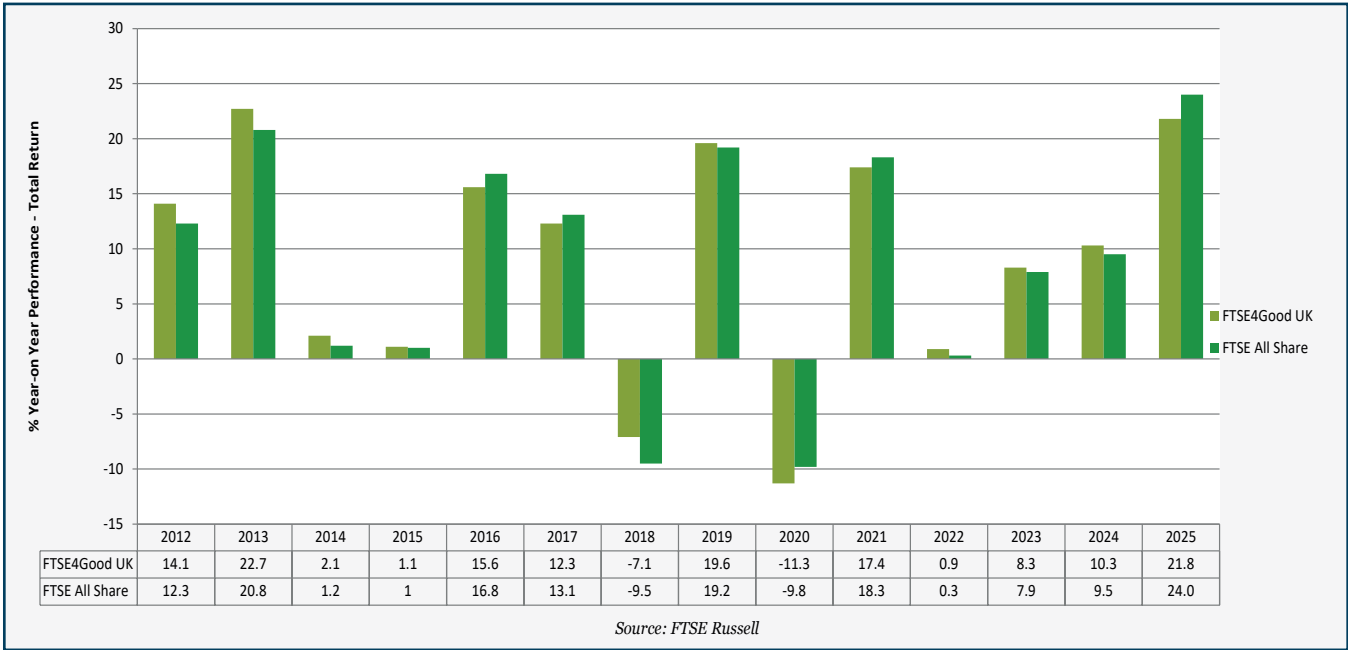
This pattern continued in 2025 with the FTSE4Good UK index showing a return to the end of December of 21.8% compared to a return of 24.0% for the FTSE All Share Index.

It is important to remember however that the chart shows two specific indices and a different result may be seen when comparison is made with other benchmarks and funds that specifically exclude certain sectors.

Indeed, when compared to other benchmarks, ESG strategies have underperformed in recent years. For example, in 2022 the oil and gas sector outperformed other sectors due to the energy shortage caused by Russia's invasion of Ukraine. This was seen again more recently due to the conflict between the US and Iran, leading to the closure of shipping lanes crucial to the transport of oil and gas supplies. As a consequence of this continued geopolitical uncertainty, the defence sector is also expected to outperform in the near term, as European nations seek to strengthen their defence capabilities. Both sectors would be excluded from certain funds where fossil fuels and armaments are screened out, emphasising the point that it is important to investigate how a fund approaches investment selection.

Past performance is not a guide to future performance.

The value of investments and income from them can go down as well as up, and you may not get back the original amount invested.



YOUR VALUES

Ethical investing was once positioned as a choice of principles over returns. A shift in how we think about the environment, global policy changes and advances in technology has allowed ESG funds to move centre stage, meaning that one of the traditional arguments against investing with conscience has all but disappeared.

Planning point

Consider how changes to the way we will live and work in the future will affect your portfolio or choice of investments. For reliable, long-term returns, beware of overexposure to sectors likely to lose out from weaker demand for their products such as fossil fuels, carbon intensive industries and other polluting industries.

Matching investments to your values means deciding what is most important to you but remember, you may need to compromise to achieve all of your goals. Consider which causes you care about most.

Here are some of the key questions you should ask yourself when considering ESG investment:

1. Am I willing to sacrifice investment returns to stick rigidly to my principles in some cases?
2. Will I sell current investments that go against my ESG stance?
3. Will I only invest in companies where ESG considerations are their primary aim?
4. How much weight will I give to companies trying to improve their ESG ranking?
5. How would I feel about investing in a good company in a bad sector?

This will help you develop a rough idea of what you want to achieve which is a good starting point. Your financial adviser can help you weigh up the pros and cons of each option to find the right balance for you.

You may also want to take into account how your children or grandchildren view what matters for the future – your current investments may well be their legacies.



Investment risk

All investment carries some kind of risk. As a general rule, the less risk taken the lower the return. However, as a fast growing sector, ESG investing can pose greater risks in exposure to technologies and projects that are:

- experimental;
- untested over the long term; and
- yet to make a profit.

The counter argument is that old-style industries like coal and oil could leave you stuck with loss-making investments in the not-so-distant future, which is also a risk to consider.

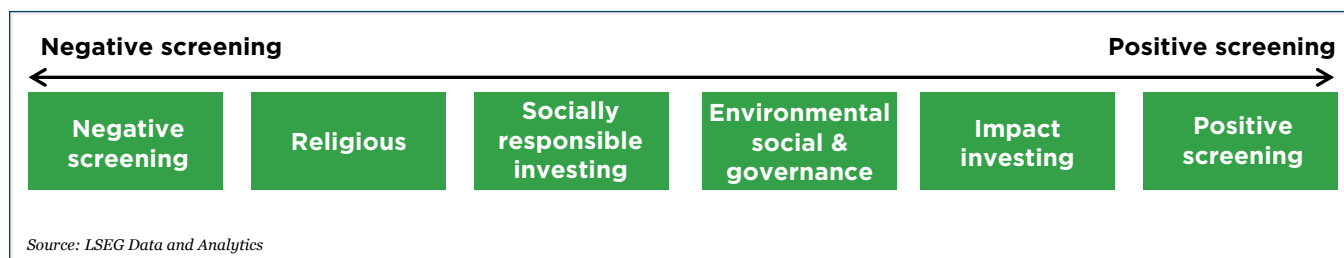
Working with your financial adviser you will need to weigh up your ESG principles against your risk profile and clearly measure your attitude to risk and capacity to lose some or all of your investment.

Planning point

Diversification is the key to managing risk in any portfolio but especially in ESG, where market leaders are still rising and falling rapidly. You should avoid overexposure to any one ESG theme, government policy, region, asset class or company.

Finding funds

LSEG Data and Analytics has usefully portrayed the range of funds available as a spectrum that includes funds that negatively screen out unsuitable investments at one end to ones that positively screen at the other end.



You should notice that ESG is just one of the categories despite it being used as a generic term. The type of funds that would generally fall under each category are shown in the table below.

Negative screening	Excludes companies involved with areas such as armaments, tobacco, fossil fuel energy and similar activities.
Religious	Religious principles determine acceptable assets such as Islamic funds and faith-based funds.
Socially responsible investing	Social impact is part of the overall screening process where acceptable investments must meet defined social criteria.
Environmental, social & governance	Material environmental, social or governance factors feature in the screening process.
Impact investing	Funds aim to achieve a positive impact on the behaviour of companies.
Positive screening	Positive screening criteria identify suitable investments such as best in class, positive tilt or thematic.

An ESG fund can adopt any of the different styles and therefore it is important to drill down into how a fund will analyse, filter and select suitable investments to determine its approach.

FUND LABELS

As interest continues to rise in sustainable and responsible investment, regulators worldwide have expressed concerns that customers find it difficult to identify products that meet their sustainability preferences.

In the UK, the FCA has introduced rules surrounding the investment labels that funds can use to help investors navigate the sustainable investment market. Under the heading of the 'Sustainability Disclosure Requirements' or 'SDR', the FCA have introduced four sustainability investment labels that fund providers can choose to use provided that their funds meet specific criteria.

The intention behind the labels means that investors will have access to clear and simple information on what that goal is and the approach to achieving it and receive annual updates on progress towards it.

Not all funds will fall into one of these categories. If a fund doesn't include a label but is making sustainability claims, then since December 2024, investors should have access to clear and simple information explaining how it's invested and why it doesn't have a label. Some funds may not include one of these labels because the fund is based outside of the UK. Many of the funds



used by UK investors are based in Europe where new rules for naming ESG funds came into place for new funds at the end of 2024 and for existing funds in the first quarter of 2025.

The SDR framework also includes anti-greenwashing rules to ensure that sustainability-related claims are fair, clear and not misleading and consistent with the sustainability profile of the fund.

Sustainability focus

Invests mainly in assets that focus on sustainability for people or the planet.

Sustainability improvers

Invests mainly in assets that may not be sustainable now, with an aim to improve their sustainability.

Sustainability impact

Invests mainly in solutions to sustainability problems with an aim to achieve a positive impact for people or the planet.

Sustainability mixed goals

Invests mainly in a mix of assets that either focus on sustainability, aim to improve their sustainability over time, or aim to achieve a positive impact for people or the planet.

Source: <https://www.fca.org.uk/consumers/identifying-sustainable-investments>

ESG fund selection

If you are considering whether ESG should play a role in your investment portfolio, you should decide whether you want full ESG alignment or to take a gradual approach. Some funds explicitly incorporate ESG and make it central to their investment philosophy so that ESG criteria actively influence every stock choice. Many other funds integrate ESG into their investment decision making alongside more traditional selection criteria meaning that you can gradually add exposure to ESG.

Given the range of different ESG investment strategies it is important to understand how a fund approaches the selection process and then whether that fits with your values.

- For you, it is important to understand what your personal ESG values are and which type of ESG strategy may best fit with your requirements – for example, would negatively

screening out energy companies or positively screening for companies addressing our energy reliance be more appropriate? This simple example should emphasise that ESG investing can mean different things to different people.

- The fund should adhere to its ESG philosophy, considering how it implements its selection process, the experience of the fund management team in that area and the performance that the fund has achieved.

Ask to see details of an ESG fund's core investment philosophy (how it picks companies to invest in), process and method of measuring and reporting its ESG principles. Some key questions to bear in mind are:

1. Do ESG criteria run like a vein through everything the investment does?
2. Does the fund manager do their own research or rely on third party ratings?
3. Has the fund voted against a company's management at AGMs to protect ESG?
4. Is the fund house signed up to the UN Principles of Responsible Investment?

If you are investing in the shares of a single company, its annual report should demonstrate how much of their ESG activity is measurable and written down.

Fund ratings

It is important to recognise that an ESG approach by necessity restricts the available investment universe compared to traditional funds and makes the stock selection process more complex. Integrating ESG analysis into the stock selection process is necessarily more research intensive than the processes undertaken by traditional investment funds and requires a substantial research capability.

Independent ratings can help you judge the ESG credentials of a particular fund. Recognising the increasing reliance that is placed on ESG ratings and data services, regulators are being encouraged to set standards for ESG ratings providers – in the UK, for example, the FCA is consulting on the introduction of rules to ensure ratings are underpinned by credible and transparent methodologies. The FCA's policy statement and final rules are expected to be published at the end of 2026.

Several ratings agencies provide their analysis of the ESG credentials of a fund including agencies such as Morningstar, LSEG Lipper and MSCI.

MSCI ESG Fund Ratings, for example, is an easy to use online search box that scores funds on a scale from CCC (laggard) to AAA (leader), based on:

- holdings of the fund;
- ESG track record (holdings with a positive/worsening rating year on year); and
- exposure to holdings with worst-of-class ESG ratings.

Both fund labels and fund ratings aim to help investors choose responsible investment products. An important difference between the two is that the fund manager takes the initiative to obtain a label, whereas the rating organisation unilaterally rates a fund, irrespective of whether the fund manager asks for the rating.

ESG ratings do not certify a fund's ESG process; instead, ESG ratings generally aim to "score" the sustainability of a fund's portfolio with a rating. Ratings agencies will look at the significant ESG risks and opportunities affecting an industry and assess how these translate into financial risks that may impact a company's bottom line. An example from MSCI on the purpose of their ratings helps to illustrate this.

Example

MSCI's ESG ratings are designed for one purpose: to measure a company's resilience to financially material environmental, societal and governance risks. Our ESG ratings provide a window into one facet of risk to financial performance. They are not a general measure of corporate 'goodness', a barometer on any single issue or a synonym for sustainable investing.

MSCI's ESG ratings focus on financial risks to a company's bottom line and so are a tool for understanding ESG-related investment risks that can be used to support the building of a portfolio.

Source: MSCI



Fund labels and ratings can help investors see whether a fund fits well with their ESG requirements but it is important to recognise that this is just one part of the investment decision-making process.

Fund performance

Fund performance is typically measured in investor returns after fees and can be compared to its peers, a benchmark or an index. These figures can be found on the fund's fact sheet and through fund rating agencies such as Morningstar or LSEG Lipper or through other sites such as Trustnet.

Returns remain an important success metric for most ESG investors, but how a fund has met certain environmental, social or governance goals can be harder to measure. Reports from your fund manager may quantify work on the ESG aims of the fund by, for example:

- the times they voted in AGMs to push companies to meet UN Sustainability Goals;
- how much their holdings have cut capital spending on carbon-creating activities;
- the growth in the number of women on the boards of companies the fund invests in.

The specific positive or negative performance factors a fund manager reports on will depend on the type of ESG strategy they have chosen to invest in. Your financial adviser can obtain any clarifications you may need on this.

PITFALLS

It is important to remember there are some key issues that investors should bear in mind.

Greenwashing

Greenwashing – the overstating of environmental claims – is one of the biggest problems facing sustainability-focused investors. Companies want to capitalise on the growing demand for environmentally friendly products and services and their claims about the positive impact of their products can sometimes be vague or even misleading. This 'greenwashing' can make it harder for investors to choose genuine ESG investments.

In the UK and Europe for example, this has led to regulations to combat greenwashing alongside the use of fund labels. Fund rating agencies are increasingly undertaking in-depth analysis of the disclosures made by funds to identify those that fail to meet their criteria to be classed as sustainable investments.

Worthy but worthless

Remember, just because a company, project or fund is marketed as ESG or ethical or sustainable doesn't necessarily mean it will turn a profit or achieve anything worthwhile. ESG investing may increase the focus on metrics beyond pure financial gain, but decisions about where to invest should still be grounded in sound logic on the likely success, however

measured, of the strategy being advertised.

Asking questions

You should ask the same clear-headed questions of an ESG-focused company or fund as any other potential investment:

- What is it doing better than its rivals?
- What growth has it achieved and what is it doing to achieve more?
- What problem is it solving and how is it measuring its success at that?
- Is it good value for money?

Planning point

In short – there is no need to let your sense-check guard down just because a fund or company is labelled sustainable, responsible or ethical. Don't just believe the hype, ask for proof of results.

The value of investments and the income they produce can fall as well as rise. You may get back less than you invested.

Past performance is not a reliable indicator of future performance.

Investing in stocks and shares should be regarded as a long-term investment and should fit in with your overall attitude to risk and your financial circumstances.



HOW WE CAN HELP

We can help you to understand how to translate the values that are most important to you into a suitable ESG investment portfolio that reflects your principles, financial goals, attitude to risk, and capacity for loss.

- We can work with you to create a financial plan based on your wishes to build and pass on long-term, sustainable investment returns to your children and grandchildren.
- We can also discuss the advantages and limitations of different ESG investing styles.
- Laws and regulation around climate change and sustainability are changing rapidly. We can advise on the impact of these changes on your portfolio and keep you up to date with any future opportunities.



Rosan Helmsley Ltd, 1000 Cathedral Square,
Cathedral Hill, Guildford, Surrey, GU2 7YL

01483 90 40 40 | www.rosan-ifa.com

Rosan Helmsley Ltd is authorised and regulated by the Financial Conduct Authority (FCA).